

I want to become a Peer-Reviewed ACT Trainer

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What are Peer-Reviewed ACT Trainers?

- Peer Reviewed ACT Trainers (PRTs) is a group under the responsibility of the Training Committee composed of expert trainers in ACT that devoted their time to be of service to the ACBS Community.
 - They are recognized to deliver ACT trainings with excellency in terms of ACT theoretical foundations, skills and experiential practice.
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Certification

- ACBS does not certify anyone.
- To be a PRT **does not mean** to become a Certified ACT Trainer/Therapist/Practitioner.
- A lot of brilliant ACT trainers chose not to become listed as a PRT.





Why become a PRT?

To be listed is a pragmatic way of assisting trainees to find high quality ACT Trainings.

The PRT Community holds a commitment to train with excellence and fidelity in the ACT model while sharing common held values.

Anyone can provided ACT Trainings without going through the PRT process.



Why become a PRT?

It is also a way to give back to the ACBS Community. Being a PRT amplifies your voice to “spread the word” better.

The PRT process is a volunteer one and serves as a way to give back to the ACBS community if that aligns with your professional aspirations.

To be part of this community is not so much about “what do I get” but rather “how can I contribute?”

The real work starts when you get in!



What do I need in order to apply?

- To be listed, six criteria must be met:
 - 1. Agree and sign with the trainers list of principles and values.
 - 2. Have a Terminal Degree in Behavioral Health Field*
 - 3. Be known to be of good character.
 - 4. Be highly efficacious on the core ACT clinical skills and competencies.
 - 5. Be highly efficacious in training others in ACT.
 - 6. Have a good working knowledge of ACT underpinnings (Behavior Analysis, Relational Frame Theory and Functional Contextualism).
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Fees

- There's an administrative fee for applying to this process of 80 USD. If you're from a Developing Nation that fee is 10 USD.
- The fee is destined to administrative issues in the PRT process. No PRT gets paid to evaluate you.
- In case that fee might be a barrier to you, you can reach ACBS administration since it is not meant to be excludent.





How can my training be observed?

- As part of the process, your training must be assessed by two current members of the PRT Community. The observations can be:
 - **Live Observations** (e.g., You host a workshop at ACBS World Conference and make a request for your training to be observed).
 - **Recorded Observations** of a training event you held
 - Your video shouldn't be longer than 3 hours.
 - When submitting a video, you must submit a viewer's guide to direct the reviewer's attention to specific portions of your training that demonstrate which competencies are you training your participants.
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What if my language isn't English?

- The Training Committee is devoted to find PRTs that can review your material.
 - Questions: support@contextualscience.com or the current Committe Chair: Lou Lasprugato.
 - Current Committee: Lou Lasprugato (Chair), Mônica Valentim, Sarah Pegrum, Raul Manzione, Fabián Oláz , William Perez
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Which materials should I send and what are the Steps of this process?

- A full explanation of the materials and the process can be found at https://contextualscience.org/training_standards
- In short: First you'll have your essays reviewed (one for BA and RFT and one for FC). After you get a pass on the essays, you'll have your materials reviewed.



When sending materials, remember to label them according to the criteria.

- Examples:
- Criterion1.Signed Values and Principles.pdf ,
- Criterion3a.JaneDoeLetter.docx,
- Criterion5i.ACTWorkshop.ppt

All file names should be in English



Summary

- What we want to observe is your competency in delivering training on the full ACT model.



Questions?

- ACBS Support (Abbie Lanning): support@contextualscience.org
- Chair: Lou Lasprugato

Good luck
and see
you soon!