

Wednesday, 26 July (Morning)

ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)

	8:00 - 8:50	9:00 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15
<u>ROOM</u>		<u>PLENARY</u>		<u>SESSIONS</u>	
Room A		Using models and ontologies to enable behaviour change - Michie (Plenary)		PART 1: Acceptance and Commitment Therapy for Managing Cravings and Addictive Behaviors - Kelly, Karekla (Workshop)	
Room B		PART 1: Mind, Body, SAC: CBS and Our Spiritual Dimension - Robb (Workshop)			
Room C		PART 1: United we stand: Working with cultural values building on ACT and Prosocial Model - Fung, Kurumiya (Workshop)			
Room D		CBS Competencies in Psychotherapy: The Good, The Bad, and the Need - Manzione, S. Hayes, Kolts, Walser, Wright (Panel)			
Room E		End the Insomnia Struggle: Individualizing CBT-I Using ACT - Ehrnstrom (Workshop)			
Room F		Measurement matters: Addressing psychometric concerns with empirically based innovations in measurement of psychological flexibility-related constructs - Spencer, Christodoulou, Rogge, McCloskey, Borgogna, Gloster (Symposium)			
Room G		PART 1: Functional Analytic Psychotherapy (FAP): Creating Intense and Curative Therapeutic Relationships by Focusing on Emotional and Interpersonal Targets - Tsai, Kuei, Maitland, Sanida, Rolim de Moura, Muñoz-Martínez (Workshop)			
Room H		PART 1: ACT for Adult ADHD (attention deficit hyperactivity disorder) - Leonard-Curtin (Workshop)			
Room I		The contribution of interbehaviorism - Parrott Hayes, Luciano, Fryling, Tórneke (Panel)			
Room J		Acceptance - How do I actually use and teach it now? - Ebert (Workshop)			
Room K		Supporting the carers: The use of ACT to enhance wellbeing and increase skills in palliative care settings - Gillanders, Finucane, Dempster, Owen (Symposium)			
Room L		Mindfulness, Measurement, and Dissemination Issues in ACT - Mattes, Holmberg Bergman, Ferreira, Orkopoulou (Symposium)			

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Wednesday, 26 July (Afternoon)

ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)

	12:15 - 13:15	13:15 - 14:45	14:45 - 15:45	15:45 - 16:15	16:15 - 17:15
ROOM	SESSIONS		SESSIONS		Plenary
Room A	PART 2: Acceptance and Commitment Therapy for Managing Cravings and Addictive Behaviors - Kelly, Karekla (Workshop)	L U N C H	Values Traps: Recognizing and Mastering Common Obstacles when Harnessing Values in ACT - Rhodes, Gold (Workshop)	C O F F E T E A	Are we there yet? Digitally moving towards the future of contextual behavior science - Karekla (Plenary)
Room B	PART 2: Mind, Body, SAC: CBS and Our Spiritual Dimension - Robb (Workshop)		Love in the Room: How to evoke therapeutic love within ethical boundaries and address the stigma of therapist attraction, management and prevention. - Kuei, Skinta (Workshop)		
Room C	PART 2: United we stand: Working with cultural values building on ACT and Prosocial Model - Fung, Kurumiya (Workshop)		Investigating the Underlying Processes Beyond our Self-Labels - Sanida, Lemay, Brandolin (Workshop)		
Room D	Learning and Teaching Process Based Approaches to Therapy – Reflections from the Field - Gloster, S. Hayes, McHugh, Block, Pauli, Larsson (Panel)		Breaking the Stigma: ACT Trainers Discuss Troubles Navigating Their Mental and Physical Vulnerabilities and Resiliencies - Robb, Borushok, Kjelgaard, Louma, Manzione, Sawyer (Panel)		
Room E	The MAGPIES Emotion Regulation Module: An ACT and RFT-Based Group Intervention for Children Struggling with Difficult Emotions - Kirsten, Cassidy (Workshop)		How does this end? An empirical account of therapy termination - Nicolescu, Ionescu (Workshop)		
Room F	ACT in health: the experience of patients and their families in facing illness - Gillanders, Valota, Zacharia (Symposium)		From Magis mobile games to Student Compass - Mobile technology to increase psychological flexibility in children, adolescents and young adults - R. Lappalainen (Invited)		
Room G	PART 2: Functional Analytic Psychotherapy (FAP): Creating Intense and Curative Therapeutic Relationships by Focusing on Emotional and Interpersonal Targets - Tsai, Kuei, Maitland, Sanida, Rolim de Moura, Muñoz-Martínez (Workshop)		The use of chairwork to develop psychological flexibility: taking perspective on human yearnings - Prevedini, Zucchi (Workshop)		
Room H	PART 2: ACT for Adult ADHD (attention deficit hyperactivity disorder) - Leonard-Curtin (Workshop)		Flexibility around the clock: how to promote a less rigid and values-based approach toward sleep - Lawson, Richdale, Morris (Workshop)		
Room I	The Use of Digital Technology in ACT-based Assessment and Intervention - R. Lappalainen, Levin, Vasiliou, Maragakis, Merwin (Panel)		The practicalities of using acceptance and commitment therapy and relational frame theory interventions with children and young people - Cassidy, Stapleton, Kirsten, Coyne, L. Hayes (Panel)		
Room J	A process-based approach to emotional struggles: a unique model! - Zurita Ona (Workshop)		Reserved Space		
Room K	Verbal interaction analysis in clinical context: examples of using observational methodology to study the basic processes Andrés López, Trujillo Sánchez, Estal Muñoz, Pereira Xavier, Alonso-Vega (Symposium)	ACT for elite athletes - Lundgren, Ronkainen, Nikander, S. Hayes (Symposium)			
Room L	Technology Assisted ACT Interventions in the context of fear of flying, living with Muscular Sclerosis, and caring for someone with dementia - Neofotistou, Atefi, Keinonen, Theodorou (Symposium)	CBS approaches in the context of Cardiovascular Disease - Maitland, Muñoz-Martínez, McCorry, O'Neill (Symposium)			

Thursday, 27 July (Morning)

ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)

	8:30 - 9:20	9:30 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15
<u>ROOM</u>		<u>SESSIONS</u>		<u>SESSIONS</u>	
Room A		"I didn't do my homework, but I want to get better". How to do creative hopelessness compassionately to engage clients in behaviour change. - Lucas (Workshop)	C O F F E E T E A	PART 1: Working with the self in the context of moral injury treatment - Borges, Walser (Workshop)	B R E A K
Room B		My Pain Keeps Me up All Night!: Treating Pain-Related Insomnia with Acceptance and Commitment Therapy - Martin, Margolies (Workshop)		PART 1: Training in clinical functional analysis - Törneke (Workshop)	
Room C		Using the ACT Kidflex with Children and Adolescents: Making ACT Practical, Engaging and Easy to Understand. - Black (Invited Workshop)		ACT for depression with adults and youth: how to integrate (our) insights from research into your ACT work - A-Tjak, L. Hayes (Workshop)	
Room D		Using Tech to Improve Practicing or Researching ACT as a Form of Process-Based Therapy - Jansen, Levin, Karekla, R. Lappalainen, S. Hayes (Panel)		ACT for kids: taking into account developmental process and social context in a CBS perspective - Black, Cassidy, Presti, Tani (Invited Panel)	
Room E		Bringing Functional Analytic Psychotherapy (FAP) to the General Public: Societal Change through the Awareness, Courage & Love (ACL) Global Project - Tsai, O'Connell, Funke, Sanida, Iuga, Assaloni, Gomes (Workshop)		PART 1: The Heart of Supervision: Promoting a culturally-sensitive supervisory alliance using FAP-Based on Processes - Rolim de Moura, Muñoz-Martínez, Manduchi (Workshop)	
Room F		The Pointy End of Values – Using Acceptance and Commitment Therapy (ACT) with people approaching the end of their lives. - Lindsay (Workshop)		PART 1: Speak Up: A CBS Trainer's Guide to Designing and Leading Transformational Workshops with Confidence, Authenticity and Ease - Kjelgaard (Workshop)	
Room G		Making sense of therapeutic processes: methods and analysis of turn-by-turn therapeutic interactions. - Muñoz-Martínez, Pereira Xavier, Alonso-Vega, Echevarría-Escalante, Andrés López (Symposium)		Multilevel, Multimethod examination of psychological Flexibility as a key process of change in chronic illness adaptation - Vasiliou, Martin, Merwin, Karekla (Symposium)	B R E A K
Room H		ACT for improving the lives of children, adolescents, and families across the world - Morgan, Alho, A. Lappalainen, P. Lappalainen (Symposium)		Development and efficacy testing of ACT models for Autism (ASD), Body Dysmorphophobia (BDD) and for juveniles in patient criminals with substance abuse disorders. - Linde, Pahnke, Mälarstig, Lundgren, S. Hayes (Symposium)	
Room I		Working with Refugees and Asylum Seekers from an ACT Perspective - Morroni, Presti, Czapala, Foley (Symposium)		Hybrid East Asian and Western Perspectives on ACT - Fung, Kurumiya, Lim, Lee-Baggley, Robb (Panel)	
Room J		Reserved Space		PART 1: Essentials in psychotherapy: Join us in a treasure hunt - Dahl, Lydell (Workshop)	
Room K		Switch - using an improv theater game as experiential deictic framing during sessions - Steinkopff, Domurat (Workshop)	Self-compassion in supervision and transformation of work-related stress - G. Žvelc, M. Žvelc (Workshop)		
Room L		Psychological Flexibility in Education: School-Based and Values-Based Approaches - Christodoulou, Saban-Bernauer, Carlos Maia, Paris, Ferreira, Loutsiou (Symposium)	RFT In Action: Implications for working with emotion, intelligence, and cognitive health - Rodríguez-Valverde, Moghaddam, Dawson, Garcia (Symposium)		

Thursday, 27 July (Afternoon)

ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)

	12:15 - 13:15	13:15 - 14:45	14:45 - 15:45	15:45 - 16:15	16:15 - 17:15
<u>ROOM</u>	<u>SESSIONS</u>		<u>SESSIONS</u>		<u>PLENARY</u>
Room A	PART 2: Working with the self in the context of moral injury treatment - Borges, Walsler (Workshop)	L U N C H	The Stories We Tell: Understanding Self-as-Context and How to Use It Effectively - Gregg, Martin (Workshop)	C O F F E T E A	The Power Threat Meaning Framework: A conceptual alternative to the diagnostic model of distress - Johnstone (Plenary)
Room B	PART 2: Training in clinical functional analysis - Törneke (Workshop)		Small n mighty: Using single case experimental designs in research and practice - Lavelle, Stapleton (Workshop)		
Room C	One day ACT workshops for individuals with distress and/or chronic health conditions - Dindo (Workshop)		Once More, With Feeling: Bringing the Feeling Body into the Therapy Room - Skinta, Hoeflein (Workshop)		
Room D	Ontology, classification, diagnosis, and categorization of mental and behavioral health: How can we overcome the evils of the past and move towards a more process based functional future? - Karekla, Michie, Johnstone, Hayes, Araujo Soares (Invited Panel)		Shhh, I'm Trying to Sleep! Harnessing the Scientist-Practitioner Lens for the Treatment of Insomnia - Ehrnstrom, El Rafihi-Ferreira, Rhodes, Zakiei (Panel)		
Room E	PART 2: The Heart of Supervision: Promoting a culturally-sensitive supervisory alliance using FAP-Based on Processes - Rolim de Moura, Muñoz-Martínez, Manduchi (Workshop)		Ignite 1 - Lindsay, Kokkinou, Eickleberry, Wiemer, Tulbure, Guthrie (Ignite)		
Room F	PART 2: Speak Up: A CBS Trainer's Guide to Designing and Leading Transformational Workshops with Confidence, Authenticity and Ease - Kjelgaard (Workshop)		Developing Behaviour Change Interventions for Self-Management in Chronic Illness - Araujo-Soares (Invited)		
Room G	Fostering Well-Being, Prosocial Behavior, and Climate Action: A Role for Psychological Flexibility and Behavior Analysis? - Villanueva, Aydin, Meshes, Haller, Stöbi, Biglan (Symposium)		Applications of derived relational responding - Kirsten, Cummins, Marks, Cassidy (Symposium)		
Room H	Promoting University Students Mental Well-being through digital ACT-based University Services - Rasanen, Brandolin, Levin, R. Lappalainen, Vasiliou (Symposium)		Psychological Flexibility for Improving Mental Health and Reducing Burnout of Healthcare Staff - Prudenzi, Gillanders, Mariotti, Zacharia, Presti (Symposium)		
Room I	Finding your home in ACBS: How to get (more) connected and involved - Moyer, Evans, Rhodes, Kiel, Ethington, Cassidy (Panel)		A Song in Your Heart: Finding Your Way & Finding Your Why with Musical Exercises - Moran, Wright, Fox (Workshop)		
Room J	PART 2: Essentials in psychotherapy: Join us in a treasure hunt - Dahl, Lydell (Workshop)		Process-based Approaches for Community Resilience: Essential skills and procedures - Lordos (Workshop)		
Room K	The Batteries metaphor: For clients who struggle with choosing one value over another to take care in the moment - Kossakowska, Baran (Workshop)	SchemACT to Heal Attachment Wounds: Integrating Acceptance and Commitment Therapy, Schema Therapy, and Somatic Psychology to Treat Interpersonal Trauma - Lev (Workshop)			
Room L	Psychological Flexibility during Large Scale Health Crises - Sebastião, Hernández-López, Prudenzi, Hess, Hudson, Lancaster (Symposium)	Parenting in focus! Findings from CBS research - Srikanth, Delemere, Palmeira, Kwan, YAU (Symposium)			

Friday, 28 July (Morning)

ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)

	8:30 - 9:20	9:30 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15	
<u>ROOM</u>		<u>SESSIONS</u>		<u>SESSIONS</u>		
Room A		Drop your therapist shovel: getting unstuck and flexible with Process-Based Creative Hopelessness - Manzione (Workshop)		An introduction to Functional Analysis in FAP: How to use available tools to enhance case conceptualizations. - Maitland (Workshop)		
Room B		How to be Functionally Weird and Playful ACT therapist? - Stern, Gerstenhaber (Workshop)		Buddhist contributions for working practically and experientially with self-as-context - Valentim, O'Connell (Workshop)		
Room C		Flexible relationships: how CBS can help us navigate topics around monogamy and commitment in diverse intimate relationships - Funke, Dreis (Workshop)	C O F F E E	"ACTing SPORT", a process-based protocol applied to sport, ten years after: "Warm-Act", "Training as a Value" and other updates - Filimberti (Workshop)	B R E A K	
Room D		What is contextual supervision? How do we support CBS practitioners to respond functionally, engage relationally, learn from experience, to provide effective and ethical interventions? - Nicholson, Walsler, Watson, A-Tjak, Lucas, Morris (Panel)		What Does No Self and Nonduality Have to Do With ACT Practice? - S. Hayes, McHugh, Tirsch, Wilks, McConnell (Panel)		
Room E		PART 1: Developing self-compassion and self-acceptance in neurodivergent adults: From chronic burnout to living a valued life - Kemp (Workshop)		T E A		PART 2: Developing self-compassion and self-acceptance in neurodivergent adults: From chronic burnout to living a valued life - Kemp (Workshop)
Room F		Developing national infrastructures for multisystemic recovery and resilience: A process-based approach - Lordos (Invited)				How to synergize ACT and RFT to facilitate healthy selfing among children and young people: The MAGPIES approach to self-esteem. - Stapleton, Cassidy (Workshop)
Room G		PART 1: A non-geeky, pragmatic introduction into functional contextualism for ACT-therapists - Kiel (Workshop)		PART 2: A non-geeky, pragmatic introduction into functional contextualism for ACT-therapists - Kiel (Workshop)		
Room H		Promote flexible and complex repertoire with simple technology. The matrix in practice with caregivers in different contexts. - Oppo, Prevedini, Schweiger, Filimberti, Presti (Symposium)	C O F F E E	Getting in Step: Stepped-Care Alternatives to Traditional Therapeutic Approaches and Challenges to Implementation - Maragakis, Levin, Lancaster, Lucy (Symposium)	B R E A K	
Room I		ACBS Prosocial Evolution - Czapala, Karekla, Baran, Turakka, McGillivray (Panel)		Considerations for End of Life Planning: Encouraging Discussions about Self-Determination from an ACT Lens - Keeman, Rhodes, Walsler, Gregg, Martin (Panel)		
Room J		Reserved Space		Designing and Evaluating Contextually-Relevant Family and Community Mental Health and Psychosocial Support for Vulnerable Adolescents in the Middle-East - Bosqui, Brown, Elias, Farah, Jabbour (Symposium)		
Room K		Reaching individuals across critical critical age groups: Digital Interventions for children, adolescents, and young adults - Keinonen, Hämäläinen, Vasiliou, L. Hayes (Symposium)		Process Informed Research and Practice: Evidence from in-clinic practice and work with non-clinical paranoia, gambling, and dysphoria - Svitak, Sokić, Pinto, Panayiotou (Symposium)		
Room L		Prosociality in Action: Implications for Connecting, Caring, and Compassion Giving - Lord, Atefi, Ferreira, Lefevor (Symposium)		Leaveraging CBS in the Service of a Better World: From Philosophy to pro-environmental and compassionate behavior - Mattes, Delemere, Matos, Ferreira (Symposium)		

Friday, 28 July (Afternoon)

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	12:15 - 13:15	13:15 - 14:45	14:45 - 15:45	15:45 - 16:15	16:15 - 17:15	
<u>ROOM</u>	<u>PLENARY</u>		<u>SESSIONS</u>		<u>SESSIONS</u>	
Room A	Poetry: Finding a Home in the World - Ó Tuama (Plenary)	L U N C H	PART 1: Waiting for the sword to drop: concrete tools for being with uncertainty - Gregg, Owen (Workshop)	C O F F E T E A	PART 2: Waiting for the sword to drop: concrete tools for being with uncertainty - Gregg, Owen (Workshop)	
Room B	L U N C H		PART 1: Stepping back AND reappraising: A functional contextual approach to moving from cognitive modification to acceptance and defusion strategies with flexibility and purpose - Larsson, Borushok (Workshop)		PART 2: Stepping back AND reappraising: A functional contextual approach to moving from cognitive modification to acceptance and defusion strategies with flexibility and purpose - Larsson, Borushok (Workshop)	
Room C			A hands-on workshop: Using CBS principles to design engaging and efficacious digital mental health tools. - Marshall, Mehew, Freer (Workshop)		Navigating the Weight of Weight Bias and Discrimination to Move Towards Celebration of Body Diversity - Pegrum (Workshop)	
Room D			Treating Eating Disorders from an ACT Perspective - Karekla, Nikolaou, Merwin (Panel)		Applied Behavior Analysis and Trauma: Assessment, Implementation, and Collaboration - Lord, Neal, Huxtable (Panel)	
Room E			Existence, Death, and Meaning: ACT and endings - O'Connell, Walser (Workshop)		Leveraging pro-social responses to address social determinants of distress: Harnessing synergies in CBS Mediterranean chapters - Vasiliou, Stern, Bianca Prevedini, Deledda (Workshop)	
Room F			A Balancing ACT: Using Functional Self Disclosure to Authentically Create Connection and Change (Without Being "Too Much", "Distracting" or "Too personal") - Kjelgaard (Workshop)		The Visual Analysis of Acceptance and Commitment Therapy: Flexible Data Collection - Fiorilli (Workshop)	
Room G			Visual case formulation models to support ACT-based treatments - R. Lappalainen, Keinonen (Workshop)		Stoic philosophy and Frankel's logotherapy serve as a foundation for furthering and developing new tools in an ACT-based processing conceptualization. - Hamiel (Workshop)	
Room H			ACT in the Workplace: Nurturing Supportive Environments Within and Across Teams - Prudenzi, Rad, Cassidy, Brady, Flaxman (Symposium)		C O F F E T E A	Ignite 2 - Georgiou, Naser, McConnell, Christodoulou, Niquerito-Bozza, Mayo, Petridou (Ignite)
Room I			Interdisciplinary teams: The role of Applied Behavior Analysts in the hospital system - Vinquist, Kuhle, Van Den Beldt, Wise (Panel)			The healing power of Acceptance and Commitment Therapy in a hospital setting - Cox, Morgan, Muscara, Gilson (Panel)
Room J			Stoic inspirations for CBS psychotherapists - Ambroziak, Singh (Workshop)		L U N C H	T E A
Room K		Promoting wellbeing and psychological flexibility in the general population through CBS approaches - Hamel, Rähä, Katajavuori, Asikainen, Dell'Orco, Lawson (Symposium)	Optimizing Health and Wellbeing with Mindfulness/Acceptance-Based Approaches - Musanje, Trindade, Anastasiades, Ferreira (Symposium)			
Room L	Psychological Flexibility: Harnessing A Process-Based Approach in Depression and Chronic Health Issues - Belopavlović, Garcia, Kassianos (Symposium)	Strengthening Parents with ACT and Compassion-based Interventions - Holmberg Bergman, Wang, Chong, Scagnelli, Ristallo (Symposium)				