

# JORDAN ABA and ACT

BELAL MUSTAFA—JORDAN ABA

## Jordan Association for Behaviour Analysis

A Chapter of the Association for Behaviour Analysis International

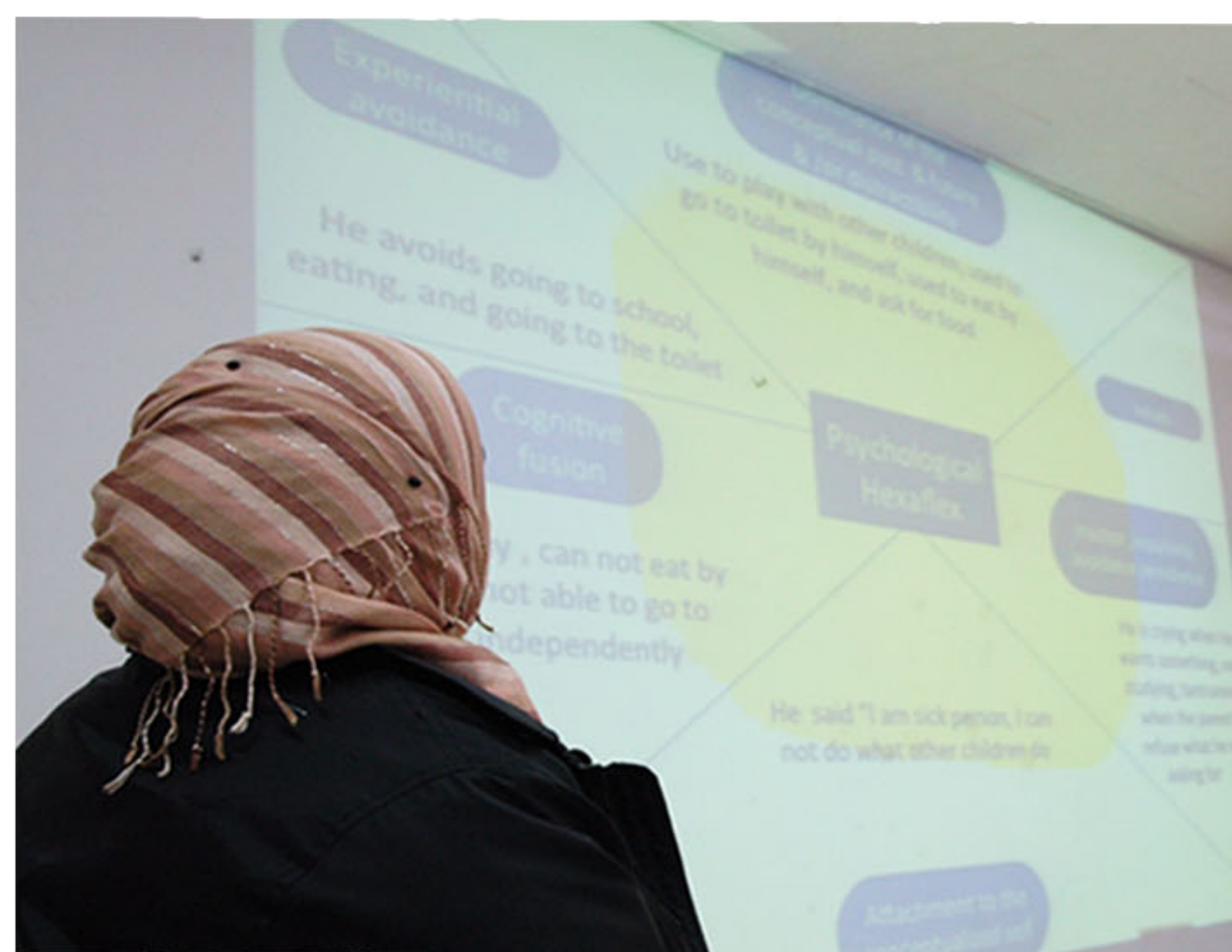
- \* Master's Degree Program in Applied Behavior Health Analysis in Jordan University of Sciences and Technology, delegated from ABAI.
- \* Admitted in 2007 ...
- \* And later <http://jordanaba.org>

## Some ABA activities from Jordan

- \* OBM & organizational safety : (waste management , hand washing behavior , wearing gloves behavior).
- \* workshops out of Jordan.
- \* Dissemination of ABA (conferences...).
- \* Parenting workshops.
- \* Behavioral school psychology.
- \* works in Autism academies(DTT , ELM ...).
- \* ABA department in the hospital.

## ACT Literature Review studies from Jordan

- \* The Effect of the Three Waves of Behavioral and Cognitive Therapy for the Treatment of Depression: A literature review. By Asma Abuathya.
- \* Literature Review Paper : ACT toward Women Exposed to Domestic Violence. By Mona Aboalhoal.
- \* How can I treat drug abuse person by using Principle of Behavior Analysis?. By Wa'ed Al-Hawamdeh.
- \* Clinical cased and case conceptualization based on the ACT protocol ...



## Limitations in the Jordan setting

- \* No ACBS chapter in Jordan.
- \* No experts ...
- \* No existing programs based on behavior therapy principles...
- \* No place available so far...
- \* Psychoanalysis is the domain field in the Middle East...



## Recommendations

- \* Establish An Affiliated chapter associated with ACBS to disseminate and growth of ACBS values in Jordan.
- \* Jordan ABA presentation in (conferences , workshops).
- \* Coordinate with hospitals to apply the (ACT,CPT ,FAP...) in the psychiatry department.
- \* Establish Jordan ACT website.
- \* Utilization from the Islam and the Arab traditions in act metaphors and protocols...