



Variation with Vignettes

CULTURAL CONSIDERATIONS WITHIN
CONTEXTUAL BEHAVIORAL APPROACHES

Learning Objectives

1. Explain how to conduct a culturally-informed functional assessment
2. Integrate contextual behavioral approaches to best support idiographic care
3. Formulate culturally-sensitive contextual behavioral interventions for diverse populations

Overview

- ▶ Contextual behavioral approaches, such as acceptance and commitment therapy (ACT), clinically-applied relational frame theory (RFT), and functional analytic psychotherapy (FAP), consist of principles and processes that purport to be universally applicable to the human condition.
- ▶ However, the significance of the **sociocultural context**, and its *functional implications*, is not always explicit within these approaches and their dissemination.
- ▶ Considerations with respect to race, gender, sexual orientation, and intersectional identity can play a pivotal role in both clinical assessment and intervention.

Format of Discussion

1. Brief culturally-relevant video vignette
2. Panelists are asked to offer:
 - a. Idiographic culturally-informed functional assessment, from any contextual behavioral perspective
 - b. Proposed intervention (as if in the room with client)
3. Audience has opportunity to ask questions
4. Repeat steps 1-3

Panel Discussants

- ▶ Moderator: Lou Lasprugato
- ▶ Panelist: Natalia Baires
- ▶ Panelist: Jennifer Shepard Payne
- ▶ Panelist: Jacob Martinez
- ▶ Panelist: Lucia Loureiro

Presenters have no conflicts of interest, financial relationships, or commercial support directly pertaining to this event

