



DEI-SIG monthly newsletter

October 2020. Volume 1:1

Happenings!

DEI-SIG Aims

The **Diversity, Equity, and Inclusion (DEI) SIG** aims to help members with different backgrounds share their perspectives within ACBS. Learn more at the website homepage:

<https://deisigacbs.wixsite.com/website>



DEI-SIG Free Webinars

Each month, the DEI-SIG sponsors a free webinar on the topic of diversity, equity and inclusion. Our latest September 2020 webinar - **When Cherished Cultural Memories Become Unintended Casualties: Using ACT & RFT to Transform Pain Back Into Purpose** – was presented by Jacob Martinez, LPC and Jet Traverso.

To see any of the webinars that have been presented, go to the DEI-SIG resource page at: https://contextualscience.org/diversity_equity_and_inclusion_sig_resources [DEI-SIG Free Webinars](#)

Anti-Racist Book Club

“As a white woman, I have found myself wanting to do what I can to support and uplift voices that have been and continue to be marginalized. I’m curious if others have felt this way, as well...” (Katelyn Kendrick, founder)

The purpose of the reading group is for White clinicians to join in exploring roles in anti-racism work by engaging with texts that provide context and perspective, while applying the values of ACBS. For more information about the book club, contact Katelyn Kendrick at katelynelizabethkendrick@gmail.com.



ACT for MEND Project

MEND is a collaboration of trauma experts dedicated to healing communities of color which was developed in June 2020 after the George Floyd murder. MEND's goal is to providing quality, evidence-based trauma training to clinicians of color at a discounted cost. In return, these clinicians of color commit to providing a full course of free or low-cost treatment to at least two patients per year for



a minimum of five years. Several ACT experts and Praxis have teamed up to provide a culturally tailored ACT 1 training for over 130 clinicians of color. Springing from that training, a peer consultation group, ACT for MEND, has recently begun. For more info about ACT's involvement in MEND, contact Jennifer Payne at jennifer@drjspayne.com. For info about MEND, visit the website <https://mendminds.org/>

DEI Trainer/Researcher/Guest Directory

The DEI Committee has created a directory of trainers, researchers, and professionals interested in DEI topics. This directory is also primarily composed of individuals of diverse backgrounds. If you are looking for a guest for your podcast, a research collaborator, or a presenter for a training you can find this directory here:

https://contextualscience.org/dei_trainerresearcher_guest_directory

Also, if you are an underrepresented member of the ACBS community who would like your work highlighted, then please fill out this form:

[DEI Trainer Directory Form](#)

For questions, contact Jacob Martinez at jacob@jacobmartinez.org.

Your Stories

WE'RE LOOKING FOR YOUR STORIES

We have a blog for people to share their personal stories about diversity, equity and inclusion (DEI). We want to hear your story!

The DEI SIG has a blog which is a platform for people to share their personal stories about diversity, equity and inclusion (DEI). The purpose is to build the awareness of DEI for our members and the public, and gather like-minded people to further advocate for DEI.

The form of submissions can range from a few sentences to a full story. It has to be personal experiences rather than scientific studies.

We would love you to share your story! For more information about the "Your Stories" Blog Submission Guidelines, go to:

<https://deisigacbs.wixsite.com/website/submission-guidelines>

Your Voice

The DEI-SIG would love to hear from you about what you would like to see happen in ACBS as it relates to Diversity, Equity and Inclusion. Feel free to submit all thoughts or comments to our committee co-chairs. Email Houyuan Luo at houyuan@ualberta.ca or Jennifer Payne at jennifer@drjspayne.com.