

ACT Hexaflex Monitor

Contact with the Present
Moment

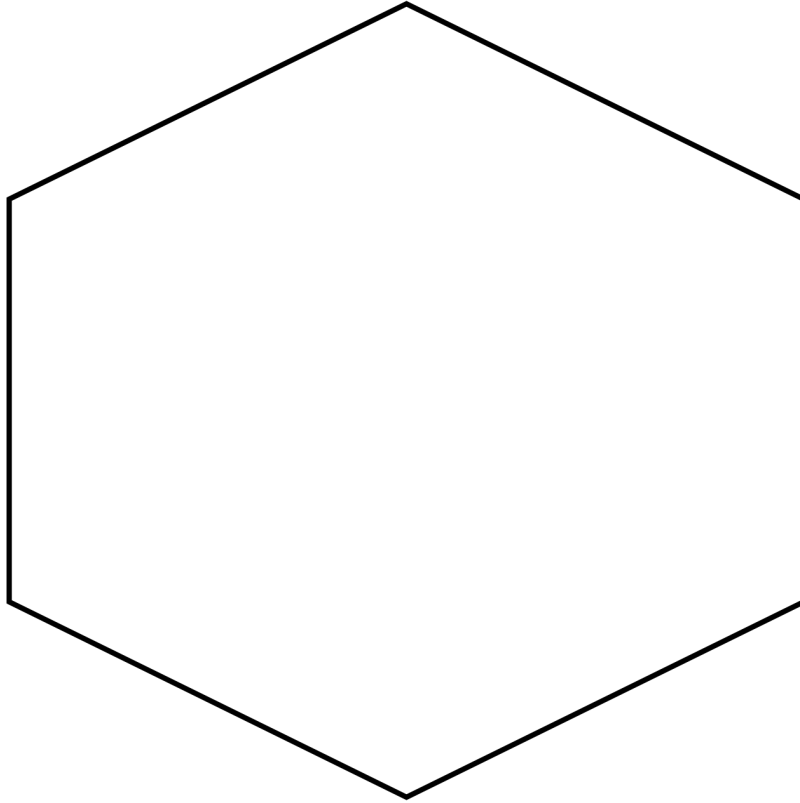
Willingness

Values

Defusion

Committed
Action

Self-as-Context



Creative Hopelessness:

Other (unable to classify):